# Information For the User **Telmisartan I.P.** – 80 mg

# **Telbolife 80 Tablet**

**Brand Name: Telbolife 80 Tablet** 

**Dosage Form**: Tablet

Therapeutic Category: Antihypertensive

# **Composition**:

Each uncoated tablet contains:

• **Telmisartan I.P.** – 80 mg

### **Description:**

**Telbolife 80 Tablet** contains **Telmisartan**, an angiotensin II receptor blocker (ARB) that helps relax blood vessels by blocking the action of angiotensin II. This results in a decrease in blood pressure, making it an effective treatment for hypertension. It can also help reduce the risk of cardiovascular events such as heart attack and stroke in hypertensive patients.

#### **Indications:**

- Treatment of **essential hypertension** in adults.
- Reduces the risk of **cardiovascular events** in patients with hypertension, such as heart attack and stroke.
- Can be used as a single therapy or in combination with other antihypertensive medications.

#### **Dosage and Administration:**

- **Recommended Dose**: 1 tablet once daily.
- **Administration**: The tablet can be taken with or without food. It should be taken at the same time each day for optimal results.
- **Dose Adjustment**: Dosage may be adjusted depending on the patient's blood pressure response.

#### **Contraindications:**

- Hypersensitivity to **Telmisartan** or any of its components.
- Severe renal impairment or anuria.
- Pregnancy and breastfeeding.
- **Hyperkalemia** (high potassium levels).

#### **Precautions:**

- **Renal Function**: Regular monitoring of kidney function and electrolytes is essential, especially in patients with renal impairment.
- Electrolyte Imbalance: Monitor for electrolyte imbalances such as hyperkalemia, hypokalemia, or hyponatremia.

- **Hypotension**: Start treatment with caution in patients with a history of **volume depletion** or **salt depletion**.
- **Hepatic Impairment**: Use with caution in patients with liver disorders.

#### **Adverse Effects**:

- Common: Dizziness, headache, fatigue, and back pain.
- **Serious**: **Renal impairment**, **hyperkalemia**, **hypotension**, liver enzyme abnormalities, or allergic reactions.

## Storage:

- Store below 25°C in a cool, dry place.
- Protect from light and moisture.
- Keep out of the reach of children.

#### **Shelf Life:**

24 months from the date of manufacture.

Manufactured in India for:



(An ISO 9001: 2015 Certified Co.) Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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